

Peterborough Area Youth Soccer
Guidelines for Indoor Soccer:
Grades 3/4, 5/6 & 7/8



Welcome to the Program

Welcome to the Peterborough Youth Soccer Program. The #1 goal of this program is to ensure that the kids, coaches, and parents have fun – lots of it! In the 5/6 and 7/8 leagues, the standings are recorded for playoff seeding. The fact that the leagues are competitive should not diminish the fun aspect! There will be winners and losers. This is all part of organized sports. Let's all work together to make it a good experience.

The goals of these leagues are for the players to become more physically fit, learn the rules of the game, enhance their soccer skills, and develop good sportsmanship.

League Guidelines

The following guidelines are to help us to present a consistent and safe program. (Changes in bold italic)

1. Coaches should contact parents as soon as possible before the season starts and give them a copy of the guidelines, rules, and schedules.
2. Coaches must not add players to their rosters! All rosters are set by P.A.Y.S.
3. The ***P.A.Y.S.*** Committee has the right to change rosters if necessary.
4. All players must wear shinguards. Players must not wear jewelry, including earrings. Covering jewelry with tape is not acceptable.
5. Coaches must supervise warm-ups and pre-game practices and ensure players do not shoot recklessly and cause dangerous situations in the goalmouth.
6. Each player must play at least half of the game. Substitutions can be made “on the fly” during the game. Players must enter and exit the playing field through the “substitution zone.”
7. Number of players including goalkeeper:
 - ***Grade 7/8 – 4 players (goalkeeper must be outside own area for team to score a goal)***
 - ***Grade 5/6 – 5 players***
 - ***Grade 3/4 – 5 players***
8. If a team does not have enough players to field a full team then both teams will play a player short. ***However, if one team does not have at least 4 players to start the game then they will forfeit. (7/8 league: a full team is 4 players; less than 3 players results in a forfeit.)***
9. All games are divided into four equal quarters (12 minutes). There should be a one-minute break between quarters and a five-minute break at half time. This will allow for a fifteen-minute coaching/training session and a five-minute warmup!
10. The officials shall keep and record an accurate scoring of the game and report the score ***to the referee coordinator.***
11. Please know the team name of your opponent and acknowledge with handshakes and cheers at the end of each game.
12. ***Players and coaches are expected to help clean up bleachers after every game and put away equipment at the end of the session.***